**Social/Emotional Support**

The WWT Counseling department is committed to helping our students and families through these stressful times. The WWT Counselors, Psychologists and Social Workers will be checking their emails on a daily basis. Please do not hesitate to contact them with concerns.

James McCracken (Last Name A-G) [jmccracken@mywwps.org](mailto:jmccracken@mywwps.org)

Julie Geyman (Last Name H–O) [jgeyman@mywwps.org](mailto:jgeyman@mywwps.org)

Matt Rohloff (Last Name P-Z) [mrohloff@mywwps.org](mailto:mrohloff@mywwps.org)

Marc Kalil (School Psychologist) [mkalil@mywwps.org](mailto:mkalil@mywwps.org)

Paulo Todesco (School Psychologist) [ptodesco@mywwps.org](mailto:ptodesco@mywwps.org)

Linda Hutchins (Social Worker) [lhutchins@mywwps.org](mailto:lhutchins@mywwps.org)

To receive important WWT Counseling updates:

Text the message@wwtc to (586)447-7820.

To receive important WWT CTE Consortium (outgoing) updates,

Text the message@wwtcte to (586)447-7820.

**Online Resources**

<https://www.virusanxiety.com/take-care>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html>

<https://www.nytimes.com/2020/03/11/well/family/coronavirus-teenagers-anxiety.html>

<https://www.nbcnewyork.com/news/coronavirus/covid-19-guide-how-to-manage-stress-and-anxiety/2331439/>