

WARREN WOODS PUBLIC SCHOOLS ALLERGY & ANAPHYLAXIS EMERGENCY PLAN

Student Name:			Birthdate:	Grade:	School Year:	
School:		Alle	ergies to:			
Asthma:	Yes (higher	risk for a severe	reaction)	□ No		
NOTE: <u>DO NOT</u>	depend on antil	histamines or inha	alers (bronchodi	ators) to treat a sever	e reaction. USE EPINEPHERINE	
Extremely react THEREFORE:	ive to the follow	ing allergens:				
		•	_	ten, for ANY symptoms. LY eaten, even if no symp	toms are apparent.	
5		THE FOLLOWING:		MILD SYMPTOMS		
LUNG Shortness of breath, wheezing repetitive cough SKIN Many hives over body, widespread redness	HEART Pale or bluish skin, faintness, weak pulse, dizziness GUT Repetitive vomiting, severe diarrhea	THROAT Tight or hoarse throat, trouble breathing or swallowing OTHER Feeling	MOUTH Significant swelling of the tongue or lips OR A COMBINATION of symptoms from different body areas.	FOR MILD SYMPTO AREA, FOLLOW 1. Antihistamines ma healthcare provide 2. Stay with the personal	OMS FROM MORE THAN ONE EA, GIVE EPINEPHRINE. OMS FROM A SINGLE SYSTEM THE DIRECTIONS BELOW: by be given, if ordered by a	
 Call 911. To anaphylaxis a arrive. Consider giving a Antihistang and a Antihistang anaphylamid and a Antihistang and a A	ell emergency dis and may need epi ing additional med amine bronchodilator) if on flat, raise legs ney are vomiting, l do not improve, or can be given about ency contacts. tient to ER, even	spatcher the person is inephrine when emer dications following ep wheezing and keep warm. If be let them sit up or lie is symptoms return, more to 5 minutes or more a difference symptoms resolve.	s having gency responders binephrine: reathing is on their side. ore doses of fter the last dose. Patient should	Epinephrine Brand or Gener	mg IM	
Parer	it Signature		Date	Physician Signatu	ure Date	
Parent Co	ontact Informati		Physician Na	 me (printed)	Physician Phone Number	

Over -

Reference: Food Allergy Research & Education (FARE). Foodallergy.org

HOW TO USE AUVI-Q® (EPINEPHRINE INJECTION, USP), KALEO

- 1. Remove Auvi-Q from the outer case. Pull off red safety guard.
- 2. Place black end of Auvi-Q against the middle of the outer thigh.
- 3. Press firmly until you hear a click and hiss sound, and hold in place for 2 seconds.
- 4. Call 911 and get emergency medical help right away.



HOW TO USE EPIPEN®, EPIPEN JR® (EPINEPHRINE) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN®). USP AUTO-INJECTOR, MYLAN AUTO-INJECTOR, MYLAN

- Remove the EpiPen® or EpiPen Jr® Auto-Injector from the clear carrier tube.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, remove the blue safety release by pulling straight up.
- Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- 4. Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.



HOW TO USE IMPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENACLICK®), USP AUTO-INJECTOR, AMNEAL PHARMACEUTICALS

- 1. Remove epinephrine auto-injector from its protective carrying case.
- 2. Pull off both blue end caps: you will now see a red tip. Grasp the auto-injector in your fist with the red tip pointing downward.
- 3. Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly against the thigh for approximately 10 seconds.
- 4. Remove and massage the area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE TEVA'S GENERIC EPIPEN® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR, TEVA PHARMACEUTICAL INDUSTRIES

- 1. Quickly twist the yellow or green cap off of the auto-injector in the direction of the "twist arrow" to remove it.
- Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, pull off the blue safety release.
- 3. Place the orange tip against the middle of the outer thigh at a right angle to the thigh.
- 4. Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE SYMJEPI™ (EPINEPHRINE INJECTION, USP)

- When ready to inject, pull off cap to expose needle. Do not put finger on top of the device.
- Hold SYMJEPI by finger grips only and slowly insert the needle into the thigh. SYMJEPI can be injected through clothing if necessary.
- 3. After needle is in thigh, push the plunger all the way down until it clicks and hold for 2 seconds.
- 4. Remove the syringe and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.
- 5. Once the injection has been administered, using one hand with fingers behind the needle slide safety guard over needle.

ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of
 accidental injection, go immediately to the nearest emergency room.
- 2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- 4. Call 911 immediately after injection.

OTHER DIRECTIONS/INFORMATION (may self-carry epinephrine, may self-administer epinephrine, etc.):

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

EMERGENCY CONTACTS — CAL	L 911	OTHER EMERGENCY CONTACTS		
RESCUE SQUAD:		NAME/RELATIONSHIP:	PHONE:	
DOCTOR:	PHONE:	NAME/RELATIONSHIP:	PHONE:	
PARENT/GUARDIAN:	PHONE:	NAME/RELATIONSHIP:	PHONE:	



