# MACOMB COUNTY HEALTH

#### ACENSION HOTLINE

A hotline number if you have symptoms or questions regarding COVID-19. 833-978-0649

#### **BEAUMONT HOSPITAL – TROY**

Beaumont is offering COVID-19 screenings as a drive up service from 10am -10pm. This service is not free. There is a FREE risk assessment online. https://www.beaumont.org/health-wellness/coronavirus/curbside-screening

#### **BEAUMONT HOTLINE**

A community resource for timely, accurate information about COVID-19 symptoms and virtual screening for people who are experiencing symptoms. 1-800-592-4784

#### COMMUNITY FIRST HEALTH CENTERS – NEW HAVEN

Office is open to SICK patients only. Telehealth is being utilized to treat patients who are not sick. (586)749-5197 https://www.communityfirsthc.org/

#### **CORNONAVIRUS COMMUNITY CARE NETWORK – DRIVE THOUGH TESTING**

Offers drive though COVID-19 testing with appointment and prescription. (313)230-0505 https://detroitmi.gov/departments/detroit-health-department/programs-andservices/communicable-disease/coronavirus-covid-19/coronavirus-community-carenetwork-drive-thru-testing

#### MACOMB COUNTY HEALTH & COMMUNITY SERVICES

Provides a wide range of programs to promote health and wellbeing of the community. 586-469-5235 https://health.macombgov.org/Health-Home

#### **MCLAREN MACOMB**

McLaren Macomb provides health services across Macomb County. McLaren is offering telehealth screenings for COVID-19.

COVID-19 Community Resource List - Macomb County Updated 5-11-20

810-342-4020 https://www.mclaren.org/main/coronavirus-covid-19

#### MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents. 2-1-1 https://www.mi211.org/

#### MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES

Provides information regarding COVID-19 (Corona Virus) through a statewide hotline and website. Hotline staff can answer health related questions but are not able to provide clinical advice or diagnosis. 517-241-3740 (Main); 888-535-6136 (Statewide hotline) https://www.michigan.gov/coronavirus

#### **MYCARE HEALTH CENTER – MOUNT CLEMENS**

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open. (586)783-2222 https://www.mycarehealthcenter.org/

#### **MYCARE HEALTH CENTER – CENTERLINE**

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open. (586)756-7777 https://www.mycarehealthcenter.org/

#### **MYCARE HEALTH CENTER – DENTAL – CENTERLINE**

MyCare is an FHQC in Macomb County. MyCare dental offers dental services. This location is currently open. (586)467-0980 https://www.mycarehealthcenter.org/

#### VIRTUAL EXERCISE CLASSES

List of gyms offering free online workouts and live streaming (from CBS News). https://www.cbsnews.com/news/coronavirus-free-online-workout-gyms-live-streamclasses-during-outbreak/

# **MENTAL HEALTH COUNSELING**

#### CATHOLIC CHARITIES OF SOUTHEAST MICHIGAN

*Currently offering telehealth mental health and substance use counseling.* (855)882-2736

#### CHALDEAN COMMUNITY FOUNDATION

Provide trilingual therapy telephonically through our LLMSW Social Workers in response to the need to social distance. Our website also lists the acculturation services additionally offered which remain active telephonically. 586-722-7253 https://www.chaldeanfoundation.org/

#### **COMMUNITY FIRST HEALTH CENTERS – NEW HAVEN**

Telehealth services are being provided for mental health clients. (586)749-5197 https://www.communityfirsthc.org/

#### CRISIS TEXT LINE

Anxious about Coronavirus? Text HOME to 741741 to connect with a crisis counselor. 741741 (text)

#### EASTERSEALS MICHIGAN

Offers individual and group counseling for adults and children. Our services include youth, parent/child counseling, parenting support groups, trauma informed counseling practices, family therapy, psychological evaluation, substance use assessment and counseling. Services are offered same day telehealth. 1-800-475-6400 www.essmichigan.org

#### EASTWOOD BEHAVIORAL HEALTH

Since 1970, Eastwood has provided mental health, and substance abuse treatment services throughout southeast Michigan. 800-626-3896 <u>https://healthcare.ascension.org/Specialty-Care/Behavioral-Mental-Health/Eastwood-</u> Clinics

# MACOMB COUNTY COMMUNITY MENTAL HEALTH – METAL HEALTH SEVICES

Offering mental health screenings over the phone prior to providing services.

586-948-0222

#### MACOMB COUNTY COMMUNITY MENTAL HEALTH – CRISIS LINE

24-hour crisis services phone line available to the community. 586-307-9100

#### **MAGELLAN HEALTHCARE COVID-19 HOTLINE**

A hotline to address the emotional health of first responders and healthcare workers. Certified, licensed mental health clinicians answer lines. 1-800-327-7451 (TTY 711) https://www.magellanhealthcare.com/covid-19-2/covid-19/

#### **MYCARE HEALTH CENTER – MOUNT CLEMENS**

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open. (586)783-2222 https://www.mycarehealthcenter.org/

#### **MYCARE HEALTH CENTER – CENTERLINE**

MyCare is an FHQC in Macomb County. MyCare offers a variety of medical and behavioral health services. This location is currently open. (586)756-7777 https://www.mycarehealthcenter.org/

#### SAMHSA DISASTER DISTRESS HELPLINE

SAMHSA has opened a helpline to discuss stress as a result of COVID-19. 1-800-985-5990 https://www.samhsa.gov/find-help/disaster-distress-helpline

#### **MICHIGAN 2-1-1**

Provides a list of resources available for Michigan residents. 2-1-1 https://www.mi211.org/

## **UNEMPLOYMENT**

#### MICHIGAN TALENT INVESTMENT AGENCY – UNEMPLOYMENT INSURANCE

COVID-19 Community Resource List - Macomb County Updated 5-11-20

Provides partial income replacement for a limited period of time for eligible individuals who become unemployed due to COVID-19 pandemic. Also provides a mechanism for problem resolution. 800-638-3994 https://www.michigan.gov/leo/0,5863,7-336-78421\_97241---,00.html

#### **MICHIGAN 2-1-1**

Provides a list of resources available for Michigan residents. 2-1-1 https://www.mi211.org/

#### **STATE OF MICHIGAN**

Expanded unemployment benefits for Michigan workers during COVID-19. 800-638-3994 https://www.michigan.gov/coronavirus/0,9753,7-406-98158-521770--,00.html?link\_id=6&can\_id=b4c14bfa2c40cd59ba1161439b9de074&source=emailcovid-19-making-sure-youreinformed&email\_referrer=email\_753230\_\_\_subject\_1007761&email\_subject=whatdo-you-need-right-now-re-coronavirus

# HOUSING

#### THE SALVATION ARMY – WARREN

May be able to provide assistance with rental expenses. (586)754-7400 https://www.michigan.gov/mdhhs/0,5885,7-339-71547\_5531\_62127---,00.html

#### THE SALVATION ARMY – MOUNT CLEMENS

May be able to provide assistance with rental expenses. (586)469-6712 https://centralusa.salvationarmy.org/mtclemens/

#### MDHHS – MACOMB COUNTY – STATE EMERGENCY RELEIF

State Emergency Relief can include help with rent payment, rental deposits, utility bills, moving expenses and more. (586)469-7700 https://www.michigan.gov/mdhhs/0,5885,7-339-71547\_5531\_62127---,00.html

#### MACOMB COMMUNITY ACTION

Offering housing support to those in need.

COVID-19 Community Resource List - Macomb County Updated 5-11-20

(586)759-9150 https://mca.macombgov.org/Mca-Home?webdesign=adaptive

#### **MICHIGAN 2-1-1**

Provides a list of resources available for Michigan residents. 2-1-1 https://www.mi211.org/

#### WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Assistance with housing bills. 313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office) https://www.waynemetro.org/

### **ENERGY**

#### CONSUMERS ENERGY

Consumers energy is offering payment plans for low income consumers and halting energy shutoffs due to COVID-19. 1-800-477-5050 https://www.consumersenergy.com/company/media/news-andinformation/emergency-response

#### DTE ENERGY

Electric service for Macomb County. Offering special payment plans and has stopped service shutoff as a response to COVID-19. (800)477-4747 https://newlook.dteenergy.com/wps/wcm/connect/dteweb/quicklinks/footer/covid19-response

#### THE HEATH & WARMTH FUND (THAW)

Utility assistance partnership with agencies across the state of Michigan. 1-800-866-8429 https://thawfund.org/

#### PENFED FOUNDATION

Support for veterans in need. May include utility assistance. (800)558-9224 https://penfedfoundation.org/

#### MDHHS – MACOMB COUNTY – STATE EMERGENCY RELEIF

State Emergency Relief can include help with rent payment, rental deposits, utility bills, moving expenses and more. (586)469-7700 https://www.michigan.gov/mdhhs/0,5885,7-339-71547\_5531\_62127---,00.html

#### MACOMB COMMUNITY ACTION

Offering utility support to those in need. (586)759-9150 https://mca.macombgov.org/Mca-Home?webdesign=adaptive

#### MICHIGAN BRIDGES

Michigan Energy Assistance Program application. (844)799-9876 https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US

#### MICHIGAN 2-1-1

Provides a list of resources available for Michigan residents. 2-1-1 https://www.mi211.org/

#### WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Assistance with heat bills. 313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office) https://www.waynemetro.org/

### FOOD

#### **GLEANERS COMMUNITY FOOD BANK OF SOUTHEASTERN MICHIGAN**

Offers a list of all connected food banks with locations. (313)923-3535 EXT. 223 https://www.gcfb.org/community-distribution-sites/

#### MICHIGAN DEPARTMENT OF EDUCATION

Offers a list of all locations currently providing meals to students out of school unexpectedly. (517)241-7001 OR (517)373-3324 https://www.mcgi.state.mi.us/schoolnutrition/

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#### **MICHIGAN BRIDGES**

State food assistance application. Michigan is currently providing maximum household allowances to those receiving SNAP benefits. (844)799-9876 https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US

#### CITY OF WARREN – EMERGENCY HOTLINE

Hotline for seniors with extreme food needs. (586)574-4526 https://www.cityofwarren.org/warren-mayor-jim-fouts-establishes-warren-emergencyfood-hotline-during-covid-19-crisis/

#### **BETHEL LUTHERAN CHURCH**

*Emergency food boxes containing non-perishables.* (586)778-0021 https://www.bethelscsmi.org/

#### BETHLEHEM TEMPLE APOSTOLIC FAITH CHURCH

*Emergency food to families in need.* (586)791-4530 http://www.bethlehemtemple.org/

#### **CATHOLIC CHARITIES OF SOUTHEAST MICHIGAN**

Offering carry-out food assistance for those in need. (855)882-2736 https://ccsem.org/covid-19-outreach-and-resources/

#### CHRISTIAN CHURCH FOR ALL NATIONS

Provides food packages to families in need. (586)778-5130 https://www.navigateresources.net/uwse/MatchList.aspx?k;;0;;N;0;5920;Food%20Pa ntries;TopServices;All

#### CHRISTIAN TRINITY CHURCH

Provides emergency food packages. (586)778-2760 https://www.navigateresources.net/uwse/MatchList.aspx?k;;0;;N;0;5920;Food%20Pa ntries;TopServices;All

#### DETROIT RESCUE MISSION MINISTRIES – LIGHTHOUSE OUTREACH CENTER

Provides monthly food boxes to seniors and families with children. Offers emergency food assistance. (586)776-1230 http://lighthousefoodbank.org/

#### MACOMB COMMUNITY ACTION

Offering food assistance to those in need. (586)759-9150 https://mca.macombgov.org/Mca-Home?webdesign=adaptive

#### MICHIGAN MUSLIM COMMUNITY COUNCIL

Offering free grocery delivery service to seniors and other vulnerable populations. (734)210-0316 https://www.mimuslimcouncil.org/

#### **AREA AGENCY ON AGING 1-B**

Provides a list of resources – including a list of all stores utilizing vulnerable population hours. (800)852-7795 https://aaa1b.org/coronavirus/

# WATER

#### PENFED FOUNDATION

Water service payment assistance for all veterans, active military service members, and those currently serving in the Reserves and the National Guard who are experiencing a financial setback due to the negative economic effects of the COVID-19 pandemic. 800-558-9224 (toll free) https://www.penfedfoundation.org/

#### THE HEATH & WARMTH FUND (THAW)

Utility assistance partnership with agencies across the state of Michigan. 1-800-866-8429 https://thawfund.org/

#### THE SALVATION ARMY – WARREN

May provide assistance with water bill payments or shutoff costs.

(586)754-7400

https://www.michigan.gov/mdhhs/0,5885,7-339-71547\_5531\_62127---,00.html

#### WATER ACCESS VOLUNTEER EFFORT (WAVE) FUND

Assistance with access to safe drinking water and sanitation services for low-income families during crisis. When funds are available, WAVE provides up to \$500 to enter the DWSD 10/30/50 Payment Plan. 313-267-8000 https://detroitmi.gov/departments/water-and-sewerage-department/bill-assistance-and-credits/how-do-i-keep-my-water-flowing

#### WATER RESIDENTAL ASSISTANCE PROGRAM (WRAP)

Financial assistance for residential water. 313-386-9727 https://www.waynemetro.org/wrap/

#### WAYNE METROPOLITAN COMMUNITY ACTION AGENCY

Provides service restoration and payment assistance to Detroit Water and Sewerage Department customers who have had their service interrupted due to nonpayment or is at risk of shut-off. The State of Michigan will pay the \$25 fee to restore service for 30 days. After 30 days, households will pay \$25 monthly to keep their services on. Past due amounts do not need to be paid until after the COVID-19 situation passes. 313-388-9799 (Detroit residents); 734-284-6999 (Out Wayne); 313-873-6000 (Main Office)

https://www.waynemetro.org/

# EMERGENCY FINANCIAL RELIEF

#### MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES STATE EMERGENCY RELIEF PROGRAM

*Up to \$175 per year in assistance to qualifying low-income households.* 2-1-1

https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US

#### MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES EMERGENCY SERVICES

Provides additional assistance beyond State Emergency Relief. 2-1-1 https://powmibridges.michigan.gov/c/iad.lending.page2lenguage\_

https://newmibridges.michigan.gov/s/isd-landing-page?language=en\_US

#### PENFED FOUNDATION

Emergency services to veterans in need. May provide financial relief. (800)558-9224 https://penfedfoundation.org/

# UNITED STATES SMALL BUSINESS ADMINISTRATION – MICHIGAN DISTRICT OFFICE

Business disaster loans for small businesses or private, non-profit organizations that suffer substantial economic injury as a direct result of the declared disaster COVID-19 pandemic. 313-226-6075

https://www.sba.gov/funding-programs/disaster-assistance

# TRANSPORTATION

#### LYFT

App based transportation service. Practicing safety and cleanliness in response to COVID-19. https://www.lyft.com/safety/coronavirus#community-health

#### PACE OF SOUTHEAST MICHIGAN

Service for seniors providing transportation for non-emergency medical appointments. 855-445-4554 http://www.pacesemi.org/pace-services

#### **SMART BUS SERVICE**

Public transportation in Macomb County. Operating on a reduced schedule and utilizing sanitation services. 866-962-5515 https://www.smartbus.org/About/News/effective-tuesday-march-31-2020

#### UBER

App based transportation services. Offering 24/7 service to healthcare workers and safe, clean rides for other essential workers in response to COVID-19. https://www.uber.com/us/en/coronavirus/

# **INTERNET & CELL PHONE SERVICES**

AT&T

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AT&T expanded eligibility to their Access from AT&T to any household participating in the National School Lunch Program and Head Start. AT&T customers will receive two months free service.

https://about.att.com/pages/COVID-19.html

#### COMCAST

New Comcast customers will receive two months of free service. Comcast's Internet Essentials packages have increased data speeds and suspended broadband data caps for homes during the crisis. https://www.internetessentials.com/

#### **XFINITY WIFI PUBLIC HOTPOTS**

Xfinity WiFi Public Hotpots are now open to everyone on the "xfinitywifi" SSID. https://wifi.xfinity.com/