



DISTRICT SMART SNACK PROCEDURES

USDA recently published practical, science-based nutrition standards for snack foods and beverages **sold** to children at school **during the school day**.

COMPETITIVE FOODS: Foods and beverages sold to students during the school day outside of federally reimbursable meal programs (NSLP, School Breakfast Program, Afterschool Snack Program and the CACFP). The standards do not affect sales during the school day of bulk food fundraisers not meant for immediate consumption (e.g., Girl Scout Cookies, frozen pizza kits, frozen cookie dough), classroom parties, food brought from home or food given as a reward for performance or behavior. These unaffected sales may not take place in the foodservice area during mealtimes.

All food items must be in compliance with the District's Local Wellness Policy. Policy can be found on the Food Service portion of the [District website](#).

SCHOOL DAY: Midnight until half hour after school is dismissed.

NUTRITION STANDARDS FOR FOODS

Any food sold in schools must:

- Be a "whole grain-rich grain product; or
- Have as the first ingredient a fruit, vegetable, dairy product, or a protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable

FOODS MUST ALSO MEET SEVERAL NUTRIENT REQUIREMENTS: [MDE Guidance](#)

Calorie Limits: Snack items: < 200 calorie Entre items: < 350 calories

Sodium Limits: Snack items: <230 mg Entre items: < 480 mg

Fat Limits: Total Fat <35% of calories, Saturated fat: <10% of calories & zero Trans fat

Sugar limit: < 35% of weight from total sugars in foods

ALL SCHOOLS CAN SELL:

- Plain water
- Flavored and unflavored milk (1% or less)
- 100% fruit or vegetable juice

Elementary Schools:

- These schools may sell up to 8-ounce portions of water and milk.

Middle School:

- Grades 6-8 may sell up to 12-ounce portions of milk and juice.
- There is no limit for plain water.
- Other beverages are allowed if they meet USDA and the Smart Snack requirements.

High School:

- No more than 20-ounce portions of:

- Calorie-free, flavored water (with or without carbonation)
- Other flavored and/or carbonated beverages that are labeled to contain <5 calories per 8 fluid ounces or ≤ 10 calories per 20 fluid ounces
- No more than 12-ounce portions of:
 - Beverages with ≤ 40 calories per 8 fluid ounces, or ≤ 60 calories per 12 fluid ounces

SINGLE FUNDRAISING ACTIVITY

Two fundraisers per week per school building that do not meet the Smart Snacks standards are allowed. Fundraisers may not be sold in the foodservice area during mealtimes.

TIMELINE: An ongoing fundraising activity that is scheduled to take place at more than one time during a school day or throughout the school day shall be a single fundraising activity. This means that each exempt food fundraiser may last only one day in duration (more than one sale time during a single school day is allowed). For example, a school store cannot sell non-compliant food or beverage items more than two (2) days in a single week. If a school store sold non-compliant food items on two separate days in a single week, then no other non-compliant food fundraisers may take place in the same school building that same week.

A week is defined as a calendar week during the regular school year, during which a school is participating in the National School Lunch Program.

TRACKING OF FUNDRAISERS

Each building is required to track its own exemption approvals and ensure that only the allowable number of exemptions are granted. The Administrator in each school building is required to ensure that all fundraisers are being tracked and all other competitive foods and beverages sold to students during the school day meet the Smart Snacks standards. ***At the end of the MONTH all tracking tools*** along with required documentation (food labels, recipes if unpackaged and copies of Smart Snack Calculator approval) will be forwarded to the District Food Service office to be maintained for review from MDE during the Administrative Review.

CULINARY PROGRAM: The Culinary Program at Warren Woods-Tower High School operates a restaurant that sells food and beverages to adults and students during the school day. All foods and beverages sold at the restaurant must comply with the Smart Snacks nutrition standards. Recipes must be on file with documentation (food nutrition label / Smart Snack Calculator approval) that all food and beverages meet the Smart Snack requirements. Accompaniments and condiments must be included in the recipe when determining if food item qualifies as Smart Snack Compliant. Documentation will be available for Administrative Review from MDE. **Links for the following are located at:**

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-327975--,00.html

[SMART SNACK COMPLIANT COMPETITIVE FOOD SALE TRACKER](#)

[SMART SNACK EXEMPT FUND RAISER TRACKING TOOL](#)

[SMART SNACK CALCULATOR](#)