## **MACOMB FAMILY SERVICES**

## ADOLESCENT OUTREACH PROGRAM

No Cost Telehealth Sessions during COVID-19



Licensed therapists work closely with middle- and highschool counselors to target high-risk youth, identify barriers to success, and through six individual counseling sessions, help them reclaim their power.

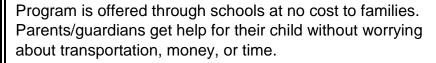
## **SESSIONS INCLUDE:**

SUBSTANCE ABUSE EDUCATION

• DETERMINING INDIVIDUAL GOALS

 LEARNING VALUABLE TECHNIQUES AND NEW WAYS OF THINKING

EMOTIONAL SUPPORT



Adolescents needing support may be experiencing:

- Difficulties in school/home related to substance use
- Changes in behavior, grades, or friends
- A death of a family member or friend
- Self-harming and/or suicidal behavior
- Depression and/or anxiety
- An eating disorder
- Adjustment to COVID-19/Social Distancing

TO PARTICIPATE IN THE PROGRAM, CALL the Romeo office 586-752-9696, 0 or Clinton Twp, 586-226-3440, 0. Ask to be enrolled in AOP.

--\*Consent form must be signed by a parent/guardian for youths under 14.

## TELL ME MORE...

"AOP services provide a unique opportunity to overcome the transportation and financial barriers to behavioral health services for students. My observation is that lives are changed through the AOP program."

Diana Wheatley, school social worker at New Haven High School.

"This is an outstanding program that really meets the needs of our families."

Andrea Glynn, principal, L'Anse Creuse Middle School – Central

"They were in the right place, at the right time and the people were really friendly." Mackenzie, age 14.